

# GCSE Sports Studies



# Headline figures

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- Over the past 3 years, an increasing number of pupils have selected GCSE Sports Studies. (nearly 30% of the current year 9 and 10 have chosen this)
- Over the past 3 years, pupils have achieved over half a pathway higher on average, than their predicted grade.
- Our staff are very experienced in the delivery and moderation of all topics and units.

# Course Layout

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- 5 lessons per fortnight - 2 class based theory lessons, 2 practical and 1 theory practical
- Theory is worth 60% overall, 30% practical and 10% coursework
- Pupils must offer 3 different sports - 1 individual, 1 team and a third from either category (team or individual)
- 2 Theory papers in Year 11 - 78 marks per paper
- Content is very scientific so higher science predicted pathways (5+) would be a big help

# Practical Sports

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- All sports allowed by the exam board can be found from page 46 of this document  
<https://filestore.aqa.org.uk/resources/pe/specifications/AQA-8582-SP-2016.PDF>
- Most pupils offer a team ball sport (football, handball, netball) and sometimes 2. Most pupils will offer badminton, athletics, swimming or table tennis as their individual sport. If you take part in a sport outside of school that is on the list, you can video your performance and it can be assessed.
- The expectation is that you are attending clubs either in school or outside to improve your skills (when Covid measures allow)

# Theory – What is assessed?

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Paper 1: The human body and movement in physical activity and sport

What's assessed

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

Paper 2: Socio-cultural influences and well-being in physical activity and sport

What's assessed

- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

# Coursework

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- Coursework is based on your sporting performance. You will pick a component of fitness that is a strength and one that is a weakness and explain how to improve this. You will also do the same for a skill in your sport.
- The coursework is worth 10% overall of your GCSE grade.

# Questions

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- Please ask your PE teacher if you have any questions about taking GCSE PE/Sports Studies.
- Even if you do not pick it, you will get 2 hours per week of core PE as all pupils will have this as part of the curriculum