



Wellbeing Centre Protocol

Our vision is to develop happy and successful people who accept responsibility, demonstrate determination and act with humility

What is the role of the Wellbeing Centre?

- To offer short-term support to vulnerable young people through one-to-one or small group work.
- To support students and their families to address and resolve social and emotional issues
- To provide, or signpost young people towards, information/support services that would strengthen their resilience and wellbeing
- To deliver short-term re-integration support as a result of medical needs
- To support and maintain academic progress

Is the Wellbeing Centre an alternative to attending lessons?

In order to support the young people at Wymondham High our wellbeing provision is, purposefully, short term and targeted. From experience, pupils spending substantial amounts of time over long periods in the Wellbeing Centre reduce their resilience and can be counter-productive. Becoming reliant on the facility reduces the likelihood of a successful reintegration into full-time lessons. Pupils having long-term needs will be signposted to alternative external services such as Child and Adolescent Mental Health Services [CAMHS].

How are pupils admitted to the Wellbeing Centre?

Admission to the Wellbeing Centre is granted via the Inclusion Team, based on the needs of individual pupils. As is the case with many services a waiting list in operation, with those in greatest need being admitted as priorities. We cannot guarantee that space is available at any given time. The Wellbeing Centre is **NOT** a drop-in centre that can be accessed at any point during lessons. The Centre is available for breaks and lunchtimes and is supervised by the Wellbeing team. For reasons of safeguarding, pupils cannot leave lessons to attend [without prior agreement from the Inclusion Team].

What types of support are offered?

The main purpose of the Wellbeing Centre is to provide both on-to-one support and small group work, principally during break/lunchtime, although some planned support can be accessed through prior arrangement with the Inclusion Team. To enable the team to offer the highest standard of support, this may sometimes require a referral to an outside agency [liaising with parents].

In order to ensure that pupils maintain their academic progress the expectation is that they continue, as far as is possible, with their studies during their time in the Wellbeing Centre. It has been found, from experience, that withdrawing from studies can exacerbate difficulties further and we therefore expect pupils to continue to work.

Is support confidential?

We take safeguarding very seriously. Where a pupil/student discloses an issue that we feel puts them, or someone else, at risk we cannot promise a child that this will be confidential. This is standard procedure across the Academy.

How long can support be offered?

The Wellbeing Centre can support pupils for a period of up to half a term. At this point, should the concerns continue, a referral to an external agency would likely be required. We are clear that as a school we cannot offer a complete mental health service and we must seek the guidance of external agencies for longer-term conditions in order to safeguard the wellbeing of young people.

Can I [as a parent] meet with the Wellbeing team?

Yes, we welcome parents to speak with the team. An appointment should be made by contacting josephd@wh-at.net

It is not always possible to meet with parents on an ad-hoc basis as there may be pupils requiring support; these must take precedence. Your understanding is appreciated under these circumstances.