



# Revision:

## A brief guide for Students & Parents

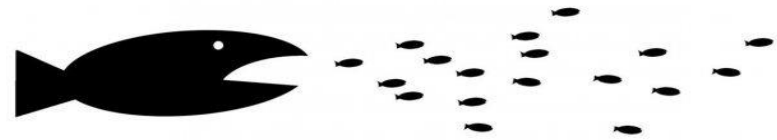


**What do you think it is?**

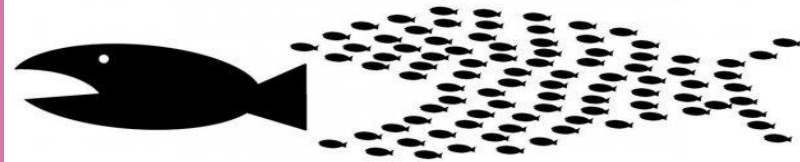
**How are you supposed  
to do it?**

I... NEED...  
HEEEEEEEEEELLLP!

# Revision: What should it be?



**DON'T PANIC,**



**ORGANISE!**

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- A way to re-learn what you've already understood.
- A way to remember/retain key information.
- A way to deepen your understanding and improve your ability in all of your exam subjects.
- A way to increase your self-confidence and make you feel good about yourself.



# Revision: What should it be?



- A way to avoid regret next summer - feelings like 'I wish I had worked harder...'
- A way of removing unpleasant 'surprises' from the exam process.
- A way of practising skills and questions until you've mastered them.
- A way of achieving your goals and ambitions.

# Revision: What shouldn't it be?

- **Something that destroys your social life.**
- **Something that is both time consuming and a meaningless experience.**
- **Staring at textbooks for hours and learning nothing.**
- **Something that gets you**
  - **Depressed**
  - **Stressed**
  - **Bored**
  - **Angry**
  - **De-motivated**
  - **A nightmare to live with**
  - **And loses you confidence**



# Most importantly

- **Revision works best in short sharp focused amounts**
  - 20 minute concentrated bursts followed by a short break
- **It should not take over your life**
  - Give yourself some time off
- **Do not leave it to the last minute**
  - Start your revision early (already!?)



**KEEP  
CALM  
AND  
DO SOME  
REVISION**



# Revision: Time

- This is not set in stone and is just a rough guide – the amount of time you revise will often depend upon the number and nature of the subjects that you're taking.
- While at school - 2 hours/day
- During holidays - 4 hours/day
- 2 nights/week off
- Saturday always a day off
- Try and finish by 7:30 if you can each night
- Stick to the plan. Don't lie – what's the point?
  - If you fall behind then use Sunday as a catch up day.
- Manage your time
  - You can revise on your way to school, during meal times etc (1 hour done before you even get home)



# Revision: Techniques



- **Variety!** – to avoid too much boredom
- **Revision at home: Some practical ideas**
  - Flashcards (paper or powerpoint (paper best) – question on one side, answer on the other – look at them while eating breakfast, travelling by car/bus etc.)
  - Practice questions from past papers (get them from your teachers – take responsibility for knowing what will be on the exam paper)
  - Listen to revision – downloads – BBC Bitesize (IPods etc. – listen to them in the car, on the bus, as you walk to school – no-one need know...)
  - You tube! – type in topics that you're revising, there are many fantastic presentations (WARNING – there are also some very bad ones – use your common sense)
  - Mind Maps & Revision posters (display them – in your room? in the kitchen? Above your bed!)
  - Work with friends (1 hour revision and then go out – WARNING – this requires lots of self-discipline from both parties)
  - Post it notes in prominent places at home (the mirror, cupboards)!
- **Revision at school:**
  - Ask your teachers/ revision guides/ past papers
  - Revision sessions at school – build them into your plan



# Revision: Techniques: Conclusion

- **1) Learn the key factual information first**
- **then in the last few weeks before the exam**
- **2) Practice sample questions – the more the better**

**The end: Any Questions?**

